

Friedens Ev. Lutheran Church  
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Forwarding Service Requested

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Billie Hansen, Secretary

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**PASTOR'S PAGE...**

On Ash Wednesday, we move into the season of Lent; a time of reflection, contemplation and seeking after improved relationships with God and neighbor. We begin the season of Lent with a long confession, making clear the many ways that we have failed to live in relationship with God, our neighbors, and creation. One of the things that we do during Lent, then, is to pay particular attention to the ways that our sin separates us from God and neighbor and/or harms others. Sometimes these things are easy to notice, and other times they are more hidden. When we identify them we are called to prayer and repentance – a turning away from those things and back toward the way that God would have us go.

This can be a difficult process. Sometimes the sin that harms us or others is one that is very familiar and hard to break. Sometimes the sin that harms others is something that we don't see as problematic at all, but which the other person informs us has caused harm. Prayer and seeking God's help can help us to make changes that we need to make, or begin to notice things that we have not, but should. Others in the community of faith can also help us: hold us accountable, listen to our struggles, and provide encouragement as we seek to change and allow the Spirit to transform us.

During the Ash Wednesday liturgy, a strong call is issued for us to engage in a particular kind of discipleship in the days ahead:

As disciples of Jesus, we are called to a discipline that contends against evil and resists whatever leads us away from love of God and neighbor. I invite you, therefore, to the discipline of Lent—self-examination and repentance, prayer and fasting, sacrificial giving and works of love—strengthened by the gifts of word and sacrament.

The language can sound a bit demanding: contending against evil, fasting, sacrificial giving, and so on. Indeed, these practices are not easy, they require commitment and time. However, if we seriously engage with these practices, they form us into discipleship, the way of Jesus Christ and prepare us for what it means to live in light of the crucifixion and resurrection. They help us to be theologians of the cross who call a thing what it is: who are able to name evil for evil and who are willing to “contend against it” as we seek after God's peace and justice in the world.

While these practices can seem like just one more thing to do, they provide a particular way that we together invite the Spirit to work in our lives, transforming us more and more into the way that God would have us, and the world, be.

So, I encourage you, take some time for reflection this Lent. Find a practice that challenges you spiritually, nurtures your relationship with God, or helps you to connect with neighbor and creation in a different way. So that we may truly arrive at the joyous celebration of Easter having been made new by God; and changed for ways of sin and death to ways of new life in Christ.

**ORDER FORM**  
***EASTER LILIES***  
**\$8.50 each**

Please order \_\_\_\_\_ lilies for me. I am giving it/them:

\_\_\_\_\_ In memory of \_\_\_\_\_

\_\_\_\_\_ In honor of \_\_\_\_\_

\_\_\_\_\_ In celebration of \_\_\_\_\_

Ordered by: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ I will take the plant(s) with me on Easter. \_\_\_\_\_ Please deliver the plant(s) to shut-ins.

Orders are to be into the church office by March 19th.  
Please attach/enclose a check or cash for each lily ordered.

We continue to collect the following items to benefit our mission partners and local service organizations.

**Food for the Food Pantry** (see needed items in another article in this newsletter)

**Plastic bags** that are made into mats for the Homeless, a project led by GracePointe residents (Tabitha Assisted Living Community)

**Teddy bears and personal care items** for the People's City Mission

**Pop tabs** for the Ronald McDonald House in Omaha

**Labels for Education and Box Tops for Education** for Mosaic in Axtell

**Coupon Flyers** for Tabitha---Residents clip these as a service project. The coupons are given to a local Lion's Club who send them overseas to Military families in Germany. All items may be left in the entryway to the sanctuary.

**Thank you! Social Ministry Team**



### "Clinic With A Heart" free screenings...

Starting sometime in early 2018, Friedens Lutheran Church will participate in a new program being developed by "Clinic With A Heart". Details are still being worked out, but Friedens will be a site, that anyone, regardless of if they have medical insurance or not, can come in for free health screenings. We will make our church available, for needy people in our neighborhood, to come in and get screened for their health. People that show screenings needing additional care, will be referred to "Clinic With A Heart", for future free health services, including free 30 day prescription medications.

This will be an ongoing program, that Friedens will participate in, for the people in our neighborhood who could not otherwise afford these services. This will require some volunteers from Friedens, to help make this service available at our church.

If you are interested in doing this type of volunteer work in our church, please contact Gary Hardt at [402-314-5484](tel:402-314-5484) or [ghardt7@yahoo.com](mailto:ghardt7@yahoo.com). This will be a great outreach program for Friedens and a way to make a difference in the health and the lives of people who may not otherwise be able to get these types of medical services. There will be more information on this program as "Clinic With A Heart" completes the details of this new partnership with area churches.

### PRAYER CHAIN...

The Prayer Chain at



Friedens a vital part of the ministry we do. Caring for others in general, but especially for those in our church family, is what we are called to do. You are needed. Please call Maxine Pfrimmer (402-464-3024) and tell her you would love to be part of the prayer chain.

### WELCA...

There will be no WELCA for the months of March. We will see you in April.

Please remember that if you are unable to come to Sunday morning worship service during the winter because of bad weather, our operating expenses still go on. If you are unable to come to church, you can still mail in your offering to the church office or make your offering on line on Friedens website. Either way, it will help us to be able to pay our bills and keep our lights on. Thank you in advance for remembering Friedens even when you are unable to come worship.

### Pantry Needs...

**Lutheran Food Pantry's "wish list" include:**

Breakfast cereals, Instant oatmeal packets, Breakfast bars, Canned chicken, Canned peas, Macaroni and cheese, Jelly, Peanut butter, Fruit juice, Saltine crackers, Any shelf stable food items, Personal care items (toilet paper, shampoo, bath/bar soap, lotion - even the sample size items) Money donations are always appreciated.



## APRIL WORSHIP

### LEADERS

#### Altar Guild

Maxine Pfrimmer & Carolyn Hogg

#### Head Usher

Gary Hardt

#### Communion Assistant

- 1 — Maxine Pfrimmer
- 8 — Fran Zessin
- 15 — Carolyn Hogg
- 22 — Sue Busker
- 29 — Karen Scribner

#### Lectors

- 1 — Maxine Pfrimmer
- 8 — Carolyn Hogg
- 15 — Sue Busker
- 22 — Kathy Holland
- 29 — Karen Rempe

#### Greeters

- 1 — Irene Newhouse & Maria Kildua
- 8 — Nancy Borrell & Jane Cosier
- 15 — JoAnn Ninneman & Jimmy Oltmer
- 22 — Rempe Family
- 29 — Deb Marr & Neoma Jones



Has your Email changed? If so, please let the office know by sending an email to ...

Office@friedens.org



## MARCH Birthdays and Anniversaries

- (1) Joseph and Susan Towns (49 years)
- (2) Bev Rasmussen
- (2) Erin Schild
- (3) Dave and Pat Allen (57 years)
- (4) Delmar Smith
- (5) Chris Zweerink
- (6) Darrell Wilson
- (10) Nick Urban
- (14) Pat Allen
- (15) Liam Detty
- (17) Anna Fullerton
- (18) Janice Rutt
- (18) Trenton Johanson
- (19) Kathleen Rempe
- (19) Karen Rempe
- (20) Paul and Christina Strong (8 years)
- (23) Weston Schon
- (25) Ronald Wilson
- (29) Becky Roberts
- (30) Linda Vollenweider
- (31) Chantel Stavick

## MARCH WORSHIP

### 2018 LEADERS

#### Altar Guild

Neoma Jones & Deb Marr

#### Head Usher

Gary Hardt

#### Communion Assistant

4 — Sue Busker

18 — Karen Scribner

25 — Becky Roberts

29 — Peggy Russell

#### Lectors

4 — Carolyn Hogg

11 — Irene Newhouse

18 — Sue Busker

25 — Maxine Pfrimmer

#### Greeters

4 — Bob & Carolyn Hogg

11 — Alma Wilson & Judy Trampe

18 — Maxine Pfrimmer & Deb Marr

25 — Chuck & Lori Schwahn

29 — Steve & Peggy Russell

30 — Amy Rezny & Joyce Boerger

## MARCH Opportunities to Grow in Faith

The adult forum Sunday @ 9:30 continues to have lively discussion around Luther's small catechism. **Come join us!**



**In Our Thoughts and Prayers...** Please let the church office know if there has been a birth, baptism, marriage or death in your family that you would like to share. Let us know if someone is hospitalized or needs our prayers. With your permission, this request will be added to the list of Prayer Concerns in the Sunday bulletin. If you would like immediate prayers for the individual, the office will initiate the Prayer Chain.

HIPPA regulations do not allow a hospital to notify the church if someone in our congregation is hospitalized. Please call the church office with this information at 402-476-3888 or email at [office@friedens.org](mailto:office@friedens.org). You can also call the Pastor @ (316)371-0803, in case of an emergency.



### Prayers....

Jane Swann  
 Gary Overfiled  
 Megan McNamara  
 Dwayne Greenwalt  
 Verlene Owens  
 Greg Zessin  
 Kimberly Render  
 Ron Vogt

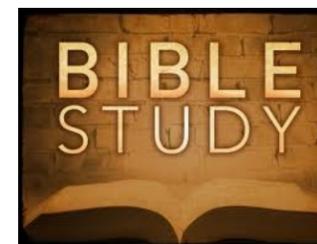
Nick Busker (grandson of Sue & Dick Busker)  
 Bill Kammerer (Uncle of KC Melang-Thoren)  
 Zach Miller (friend of Pastor Kate's)  
 Nancy Carpenter (Cindy Worster's sister)  
 Dean & Angie (Scott Dreith's Brother)  
 Family of John Hampton  
 Family of Norman Chrastil



Sending Healing Prayers

### Thursday morning bible study...

Bible study on Thursday morning from 10:00 to 11:00 has stopped meeting because of low attendance. If you would like to meet in the summer months only, contact Maxine Pfrimmer or Carolyn Hogg.



### 110th Commemorative items...

We only have a few items left from our 110th Anniversary celebration. We would like to offer these commemorative items to you at half price at the beginning of 2018. This is only while supplies last. **See order form in this newsletter.**

### Senior Potluck Fellowship...

**Seniors meet in Friedens Fellowship Hall at noon on the 2nd Tuesday of each month.** All seniors are welcome, those who drive and those who don't. The more the merrier so come and invite a friend. Bring food item...or not...just come. Plates and drinks are provided. You don't need to sign up— just come. If you need a ride call the Church office at 402-476-3888. Following the meal communion is offered by the Pastor to those who aren't able to attend Church on Sundays.

### When we give freely.....

We are able to be a part of God's Kingdom work at Friedens, in Lincoln and around the world. We serve an incredibly generous God and count it a privilege to give back to God what has been generously given to us.

**Year To Date Report:** January 31, 2018

Receipts \$ 6,259.18

Disbursements \$ 10,171.36

## Lenten Suppers

There will be a light supper prior to Lenten Worship every Wednesday. We will begin serving at 6 pm but join us when you can any time prior to our Lenten Service at 7 pm.

If you can volunteer to help with the meal or clean-up, look for the sign-up sheet in the entry way to the sanctuary.



## Upcoming dates...

Palm Sunday — March 25 / 10:30 am

Maundy Thursday — March 29 / 7:00 pm

Good Friday — March 30 / 7:00 pm

Easter — April 1 / TBA

### **Mid Week Worship and Soup Supper dates**

Mar 7, 14, and 21

### **110 Year Anniversary Building Fund Payoff and Memorial Plaque...**

The Building and Renovation Loan has now been paid off. Thanks to all of the generous people who have contributed to this project over the past 10 years, Friedens has been able to pay off this \$250,000 renovation loan in 10 years. Thank you to all. We will be planning a special service and luncheon to celebrate this accomplishment, sometime after Easter. At that service, we will display and dedicate the Plaque wall, with all of the memorial plaques. This is a huge accomplishment for Friedens and our monthly bills will be reduced because of it. You still have an opportunity to have a plaque on this wall, in memory of a friend or family member. You can continue to send in your \$100 donation to the church along with a note as to who you would like to have memorialized on the plaque. We will take these memorials right up until the plaques go to production. So if you would like to still do this, just send a check to Billie at the church office, and let her know who it is in memory of.

**Thank you to all who have contributed to the pay off of this loan.**